

APPETIZERS

FRIED ZUCCHINI STICKS 6.99
LIGHTLY BREADED – SERVED WITH PEPPERCORN DIPPING SAUCE
SPINACH & ARTICHOKE DIP 7.99
MELTED WISCONSIN CHEDDAR & IMPORTED GOUDA CHEESE, CRISPY TORTILLA CHIPS
NATIVE FRIED CALAMARI 9.99
WITH MARINARA SAUCE
TEX MEX EGGROLLS 6.99
CHICKEN, CORN, BLACK BEANS, PEPPERS & MELTED CHEESE. SERVED WITH AVOCADO CREAM & SALSA
HONEY BUFFALO CHICKEN STRIPS 8.79
CELERY STICKS & BLUE CHEESE DIPPING SAUCE
FRIED MOZZARELLA STICKS 6.99
WITH MARINARA DIPPING SAUCE
SHRIMP COCKTAIL 9.79
FIVE CHILLED SHRIMP WITH COCKTAIL SAUCE & LEMON
COCONUT-CRUSTED SHRIMP 9.99
GULF SHRIMP ROLLED IN FRESH COCONUT & SEASONED BREAD CRUMBS
BONELESS BUFFALO TENDERS 8.49
HOT & SPICY WITH BLUE CHEESE DIPPING SAUCE
SEAFOOD STUFFED MUSHROOMS 6.99
WITH MORNAY SAUCE

BURGERS & SANDWICHES

SERVED WITH FRENCH FRIES

JUMBO SIRLOIN BURGER* 7.59
LETTUCE & TOMATO
CLASSIC CHEESEBURGER* 7.99
WITH LETTUCE, TOMATO & YOUR CHOICE OF AMERICAN, PEPPER JACK OR BLUE CHEESE
GRASSFIELDS BURGER* 8.99
MONTEREY JACK CHEESE, APPLEWOOD BACON, SAUTÉED MUSHROOMS & CARAMELIZED ONIONS
BACON SWISS BURGER* 8.79
WITH SWISS CHEESE & APPLEWOOD BACON
CALIFORNIA CHICKEN SANDWICH 8.99
WITH CHUNKY AVOCADO, PEPPER JACK CHEESE & TOMATO
GRILLED CHICKEN SANDWICH 8.49
SAUTÉED ONIONS, SWISS CHEESE, TOMATO & BISTRO SAUCE
THUNDERBIRD 8.99
CHICKEN, PEPPER JACK, APPLE-SMOKED BACON, AVOCADO, SEARED CHILI PEPPERS, PICO DE GALLO, CHIPOTLE MAYO

SIDE ITEMS

FRENCH FRIES 2.99
IDAHO BAKED POTATO 2.99
LOADED BAKED POTATO ADD 1.00
GRASSFIELDS SPECIAL RICE PILAF 2.99
FRESH SEASONAL VEGETABLE 2.89

Lunch Menu served Monday thru Saturday
11:30 a.m. - 3:45 p.m. (Holidays Excluded)

* Cooked to Order - Consuming undercooked meat may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy.

All ingredients are not listed.
Ask your server for additional information.

WWW.GRASSFIELDSANDOVER.COM



LUNCH MENU

SALADS

DRESSINGS: ITALIAN, PARMESAN PEPPERCORN, CREAMY ITALIAN, LOW CAL RASPBERRY VINAIGRETTE, BLUE CHEESE

GRASSFIELDS SALAD 7.79
ROMAINE, ICEBERG, CUCUMBERS, TOMATOES, RED ONION, CHEESE & CROUTONS
ORIGINAL CAESAR SALAD 7.79
WITH CROUTONS & REGGIANO PARMESAN CHEESE
MEDITERRANEAN SALAD 8.99
FRESH BEETS, TOMATOES, ROASTED PEPPERS, RED ONION, FETA CHEESE AND KALAMATA OLIVES TOSSED WITH OREGANO VINAIGRETTE
ICEBERG & BLUE 7.99
ICEBERG LETTUCE, BEEF STEAK TOMATOES TOPPED WITH BLUE CHEESE DRESSING, RED, ONIONS & APPLEWOOD BACON
VERMONT GOAT CHEESE & SPINACH SALAD 8.99
HONEY ROASTED PECANS, DRIED CRANBERRIES & MAPLE DIJON VINAIGRETTE

ADD: CHICKEN 3.99 • STEAK TIPS 5.99 • GRILLED SALMON 5.99

STEAKS & SPECIALTIES*

STEAK TERIYAKI* – HOUSE SPECIALTY 9.99
HAND CUT FROM WESTERN U.S.D.A. CHOICE STEER BEEF
MARINATED STEAK TIPS* - A GRASSFIELDS ORIGINAL 10.79
BROILED GROUND SIRLOIN 8.69
WITH SAUTÉ OF MUSHROOMS, RED BELL PEPPERS & ONIONS
SMOTHERED PETITE N.Y. SIRLOIN* 8.99
FRESH SAUTÉ OF MUSHROOMS, RED PEPPERS & ONIONS
CHICKEN PARMIGIANA 8.99
BONELESS BREAST OF CHICKEN, MELTED PARMESAN & MOZZARELLA CHEESE
CHICKEN BREAST TERIYAKI 8.99
WE TAKE THE HIGHEST QUALITY FRESH CHICKEN BREAST & MARINATE IN OUR HOMEMADE TERIYAKI SAUCE
STUFFED CHICKEN MESSINA 9.49
OVEN ROASTED CHICKEN BREAST WITH ITALIAN CHEESES, BABY SPINACH, ONIONS & SUN-DRIED TOMATOES TOPPED WITH A MUSHROOM MARSALA SAUCE
EGGPLANT & CHICKEN PARMIGIANA 8.79
FRESH SICILIAN EGGPLANT AND TENDER CHICKEN WITH MELTED PARMESAN & MOZZARELLA CHEESE
CRISPY CHICKEN PICCATA 8.99
SERVED WITH LINGUINI
PANKO CRUSTED CHICKEN 8.99
PAN SEARED, TOPPED WITH A LIGHT CREAM SAUCE

FRESH FISH & SEAFOOD

BROILED SCROD – ALWAYS FRESH 9.99
LOCAL DAY BOAT ONLY!
FISH & CHIPS 9.99
FRESH CUT AND LIGHTLY BREADED, SERVED WITH IDAHO FRENCH FRIES & HOMEMADE TARTAR SAUCE
BAKED STUFFED GULF SHRIMP 10.79
LIGHTLY STUFFED, TENDER PREMIUM WHITE SHRIMP FROM THE GULF OF MEXICO
BROILED ATLANTIC SALMON 10.79
CHOICE OF GARLIC BUTTER, DILL SAUCE OR BRONZED
BROILED SEA SCALLOPS 10.99
ROLLED IN SEASONED BREAD CRUMBS AND LIGHTLY BROILED
JUMBO MARYLAND CRABMEAT PIE 11.49
PREPARED BY OUR CHEF TO BRING OUT ITS SWEET, SUCCULENT FLAVOR
SCALLOPS FLORENTINE 10.79
TENDER SCALLOPS BAKED EN CASSEROLE WITH SAUTÉED SPINACH, ONIONS, SPICES AND TOPPED WITH MORNAY SAUCE
BAKED STUFFED SCROD – OUR ORIGINAL STUFFING 10.79
RECIPE IS GUARANTEED NOT TO OVERTAKE THE SWEET FLAVOR OF OUR FRESH SCROD

SURF & TURF*

BROILED SALMON & CHICKEN BREAST TERIYAKI* 10.99
BAKED STUFFED SHRIMP & N.Y. SIRLOIN* 12.99
CRABMEAT PIE & PETITE N.Y. SIRLOIN* 12.99
BROILED SCALLOPS & CHICKEN BREAST TERIYAKI* 11.99

LUNCH SALAD TO ACCOMPANY YOUR ENTRÉE - 2.99

ALL LUNCH ENTRÉES SERVED WITH YOUR CHOICE OF IDAHO BAKED POTATO, SEASONED FRIES OR GRASSFIELDS SPECIAL RICE PILAF
FRESH SEASONAL VEGGIES GLADLY SUBSTITUTED AT YOUR REQUEST.